



LAKEWOOD MIDDLE SCHOOL

ATHLETIC DEPARTMENT



Ph. 616-374-2401

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GLAC Track and Field Schedule 2019

			<u>Start Time</u>	<u>Bus</u>
Mon.	4/22	Lakewood vs. Maple Valley/LC	4:30	---
Wed.	4/24	Lakewood @ Stockbridge	4:30	2:30
Mon.	4/29	Lakewood vs. Olivet	4:30	---
Fri.	5/3	Rambler Relays @ Perry	3:00	TBD
Mon.	5/6	Lakewood @ Leslie	4:30	---
		(Note: Leslie track renovation is now complete.)		
Wed.	5/8	Lakewood vs. Perry	4:30	---
Fri.	5/10	Lakewood @ Fowler (HS)	4:00	2:30
Wed.	5/15	League meet @ Maple Valley	3:00	1:30
Fri.	5/17	Lakewood @ Ionia	3:30	2:15
Thurs.	5/30	Greater Lansing Honor Roll Meet	4:00	2:30

Okemos HS 2800 Jolly Rd. Okemos 48864

~ More dates may be added ~

6-8th Grade athletes MUST have a current physical before first practice!

AD Scott Millbrook scottmillbrook@lakewoodps.org

Coach Christy Carter carterc@lakewoodps.org

Coach Matt Markwart markwartm@lakewoodps.org

Coach Eric Hall halle@lakewoodps.org

As of Monday April 8th, practices will be every Monday - Friday from 2:30-4:00, unless we have a meet or inform everyone otherwise.