



LAKEWOOD MIDDLE SCHOOL

ATHLETIC DEPARTMENT



Ph. 616-374-2401

Fax. 616-374-2424

GLAC Middle School Boys & Girls Track Schedule '23

Weekly Practice Schedule - Monday thru Friday 2:30-4:00pm

GLAC Meets – Field Events start @4:30pm, Running Events @5:00pm

		<u>Start Time</u>	<u>Bus</u>
Wed. 4/19	Lakewood @ Leslie*	4:30	2:30
Thurs. 4/20	Lakewood vs. Olivet*	4:30	---
Mon. 4/24	Lakewood, Stockbridge @ Perry*	4:30	2:30
<i>Fri. 4/28</i>	<i>Lakewood @ Alma Relays</i>	<i>4:00</i>	<i>1:30</i>
Mon. 5/1	Lakewood @ MV/LCS*	4:30	3:30
Wed. 5/3	Lakewood vs. Eaton Rapids/Portland	4:30	---
Wed. 5/10	Lakewood @ GLAC Championships Hosted by Olivet	3:30	1:45
<i>Fri. 5/12</i>	<i>Lakewood @ Ionia Relays</i>	<i>3:30</i>	<i>2:00</i>
<i>Mon. 5/15</i>	<i>Lakewood @ Olivet-Sewer Pond Shuffle</i>	<i>4:00</i>	<i>2:30</i>
Wed. 5/31	Greater Lansing Middle School Honor Roll Meet @ Okemos HS	TBA	

*GLAC League Event – Girls run first this season!

Athletes MUST have a current physical or Sports Health Questionnaire before practices!

~ Dates subject to change ~

Boys Coach – Georgina Hill

Girls Coach – Christy Carter

AD Nick Krueger nickkrueger@lakewoodps.org

Updated 4/14/2023