



# LAKEWOOD MIDDLE SCHOOL

## ATHLETIC DEPARTMENT



Ph. 616-374-2401

Fax. 616-374-2424

### GLAC Middle School Team Wrestling Schedule '23

#### Weekly Practice Schedule - Monday thru Friday 2:45-4:30pm @ LHS

		<u>Start Time</u>	<u>Bus</u>
<b>Fri. 1/20</b>	<b>Lakewood Middle School Tourn. @ Lakewood High School</b>	<b>4:30</b>	----
Sat. 1/21	Lakewood @ Comstock <small>Team Tournament</small>	9:00	6:45
<b>Tues. 1/31</b>	<b>Lakewood Middle School vs. DeWitt, Ionia, Olivet</b>	<b>4:30</b>	----
Sat. 2/4	Lakewood @ Grandville Invite <small>Individual Tournament</small>	9:00	6:45
Tues. 2/7	Lakewood @ Grand Ledge <small>vs. Grand Ledge, Ionia, Portland</small>	4:30	3:00
<b>Thurs. 2/9</b>	<b>Lakewood Middle School Tri vs. Bath, Stockbridge</b>	<b>5:00</b>	----
<b>Thurs. 2/16</b>	<b>Lakewood Middle School Quad vs. Bath, Laingsburg, &amp; Saranac</b>	<b>5:00</b>	----
Fri. 2/17	Lakewood @ Belding Team Invite	4:30	3:00
Tues. 2/21	Lakewood @ Ionia <small>vs. Eaton Rapids, Haslett, Ionia</small>	4:30	3:00
Thurs. 2/23	Lakewood @ Laingsburg Tri <small>vs. Laingsburg, Bath</small>	5:00	3:15
<b>Tues. 2/28</b>	<b>Lakewood Middle School vs. Dewitt, Mason, Williamston</b>	<b>4:30</b>	---
Tues. 3/7	Lakewood @ Portland <small>vs. Ionia, Portland, St. Johns</small>	4:30	2:45

*Athletes MUST have a current physical or Sports Health Questionnaire before practices!*

~ Dates subject to change ~

Head Coach – Ryan King

AD Nick Krueger [nickkrueger@lakewoodps.org](mailto:nickkrueger@lakewoodps.org)