

## CAAC Middle School Team Wrestling Schedule '25 Start Date: 1/6/2025

Weekly Practice Schedule - Monday thru Friday 2:45-4:00pm @ LHS Athletes MUST have a current physical or Sports Health Questionnaire before practices! Once competition begins, each Athlete can only participate in 2 other outside tournaments.

	Sta	art Time	Bus
Fri. 1/24	Lakewood Middle School Tourney @ Lakewood High School	<b>7. 4:00</b>	
Tues. 1/28	Lakewood Middle School Vs. Portland, Williamston, Fowle	4:30 erville	
Tues. 2/4	Lakewood @ Ionia vs. Ionia, Olivet, Fowlerville	4:30	3:20
Sat. 2/8	Delton Kellogg Wrestling Jamboree @ Delton Kellogg HS (Doors open @ 8:3		No Bus
Tues. 2/11	Lakewood @ Holt vs. Holt, Ionia, Mason	4:30	3:00
Fri. 2/14	Grand Ledge Invitational	TBD	TBD
, Tues. 2/18	Lakewood Middle School vs. Charlotte, St. Johns, Okemos	4:30	
Tues. 2/25	Lakewood @ Eaton Rapids Vs. Eaton Rapids, Mason, Okemos	4:30	3:00
Tues. 3/4	Lakewood @ Haslett vs. Ionia, Haslett, Waverly	4:30	2:45

~ Dates subject to change ~ Head Coach: Ryan King AD: Brienne Guiles <u>brienneguiles@lakewoodps.org</u>

Updated 1/15/2025