

First Aid/CPR

Ms. Karen Cornelius

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Room 11

This class is taught in 20 weeks. Students will have the option to pay for a Red Cross First Aid/CPR/AED Certification. Students will also earn a course grade for completing the requirements. Just because you pass the course with a letter grade, it does not automatically mean that you will gain a Red Cross Certification card. You must pass all written exams and all skill tests. This class has a textbook and you will be required to read all chapters and take written exams, complete skills tests, and chapter quizzes. This is an elective class meaning you made a choice to be in this class. The daily expectations are that the students come to class prepared and ready to work and learn.

Supplies

Supplied textbook (do not WRITE in this), notebook, pencil, folder, First Aid kit supplies (for a project)

Skill Tests

All skill tests will be done in person with the instructor. You have a 3 strike policy for retaking the skills test. If you miss a day when skills tests are offered it is up to the student to arrange a time outside of class to make up the test.

Chapters

Chapters will be read by the students and outlined in a designated notebook. Memorization and studying are key for success in this class.

Written Exam

You must pass with 80% or better for Red Cross Certification.

Written Exams include: Before Giving Care, Adult CPR, Child CPR, Infant CPR, AED, First Aid

Red Cross Certification

THIS IS OPTIONAL. The certifications are good for 2 years. Students are responsible for passing all the exams and skills test to obtain certification. Students can opt to not get the certification but are still responsible for all the class material for a grade. Once a student is no longer enrolled in the class, they can no longer ask to pay for a certification from the course instructor. Many places of employment require it. It is also good to put on a resume. There is a cost of around \$30.00 for this certification.

Course Outline

Part 1 FIRST AID BASICS

Week 1-2 *Syllabus, Chapter 1- Before Giving Care*

- Skills
 - Removing Latex-Free Disposable Gloves

Week 3-4 *Chapter 2- Checking and Injured or Ill Person*

- Skills
 - Checking a Responsive Person
 - Checking a Person Who Appears to Be Unresponsive

Part 2- FIRST AID FOR CARDIAC EMERGENCIES AND CHOKING

Week 5-7 *Chapter 3- Cardiac Emergencies*

- Skills
 - Giving CPR to an Adult
 - Giving CPR to a Child
 - Giving CPR to an Infant
 - Using an AED

Week 8-9 *Chapter 4- Choking*

- Skills
 - Caring for an Adult Who is Choking
 - Caring for a Child Who is Choking
 - Caring for an Infant Who is Choking

Part 3- FIRST AID FOR COMMON ILLNESSES AND INJURIES

Week 10-11 *Chapter 5- Sudden Illness*

- Skills
 - Assisting with and Asthma Inhaler
 - Assisting with and Epinephrine Auto Injector

Week 12-14 *Chapter 6- Traumatic Injuries*

- Skills
 - Using Direct Pressure to Control External Bleeding

Week 15-17 *Chapter 7- Environmental Injuries and Illnesses*

Week 18-19 *Flex weeks (retesting and Appendices)*

- Appendix D- Injury Prevention

Week 20- *Final exams (review and testing)*